DATA	HORA	PRESSÃO	SISTÓLICA	DIASTÓLICA	PAM	JEJUM S	JEJUM N
01/09/2025	18:00	152/76	152	76	101,00		
02/09/2025	06:00	178/78	178	78	111,33		
	17:00	162/78	162	78	106,00		G/117
	20:00	149/71	149	71	**97,00**		
03/09/2025	06:00	165/73	165	73	103,67		
	20:00	158/75	158	75	102,67		
	22:00	170/78	170	78	108,67		
04/09/2025	06:00	174/78	174	78	110,00		
	15:00	130/70	130	70	**90,00**		
05/09/2025	06:00	178/84	178	84	115,33		
	17:00	156/82	156	82	106,67		
06/09/2025	07:50	178/84	178	84	115,33		
	19:00	156/82	156	82	106,67		
07/09/2025	14:00	149/70	149	70	**96,33**		
	16:30	164/75	164	75	104,67		
	00:00	149/82	149	82	104,33		
08/09/2025	06:00	164/32	164	32	**76,00**	G/146	
	14:00	132/77	132	77	**95,33**		G/150
	23:00	165/80	165	80	108,33		
09/09/2025	06:00	145/76	145	76	99,00		
	21:00	140/73	140	73	**95,33**		
10/09/2025	06:00	184/85	184	85	118,00		
	19:00	130/71	130	71	**90,67**		
11/09/2025	06:00	177/96	177	96	123,00		
	22:00	157/76	157	76	103,00		
12/09/2025	18:00	157/75	157	75	102,33		
13/09/2025	07:00	142/77	142	77	**98,67**		
	12:00	191/82	191	82	118,33		
	22:00	150/72	150	72	**98,00**		
14/09/2025	10:00	168/78	168	78	108,00		
	14:00	165/78	165	78	107,00		
15/09/2025	06:00	162/84	162	84	110,00	G/130	
	20:00	161/74	161	74	103,00		
	22:00	162/85	162	85	110,67		
16/09/2025	06:30	165/75	165	75	105,00	G/130	
17/09/2025	06:00	170/78	170	78	108,67		
	18:30	165/90	165	90	115,00		
	22:30	169/76	169	76	107,00		
18/09/2025	06:00	161/79	161	79	106,33		
	19:30	156/71	156	71	**99,33**		
19/09/2025	06:30	159/76	159	76	103,67		
	19:30	150/66	150	66	**94,00**		

20/09/2025	09:00	165/74	165	74	104,00		
	22:00	150/78	150	78	102,00		
	00:00	169/73	169	73	105,00		
21/09/2025	08:00	149/69	149	69	**95,67**		
	10:30	152/72	152	72	**98,67**		
22/09/2025	06:00	171/79	171	79	109,67		
	19:00	142/69	142	69	**93,33**		
23/09/2025	06:00	178/84	178	84	115,33		
	21:00	180/83	180	83	115,33		
	23:00	156/80	156	80	105,33		
24/09/2025	06:30	179/82	179	82	114,33		
	13:30	141/71	141	71	**94,33**		G/169
25/09/2025	14:00	179/93	179	93	121,67		
	21:00	161/68	161	68	**99,00**		
	00:00	169/71	169	71	103,67		
26/09/2025	06:00	165/79	165	79	107,67		
27/09/2025	08:00	171/82	171	82	111,67		
	15:00	178/89	178	89	118,67		
28/09/2025	07:30	162/71	162	71	101,33		
	14:00	163/75	163	75	104,33		
	22:00	169/80	169	80	109,67		
29/09/2025	07:00	177/78	177	78	111,00	G/153	
	15:30	146/67	146	67	**93,33**		
30/09/2025	20:00	165/73	165	73	103,67		
	06:00	181/77	181	77	111,67		

MÉDIA	PA	SIST.	DIAST.	PAM
MENSAL	165/77	165	77	104,37